

**Ohio Dominican University Completion Guide**  
**NC State College Associate of Science Pre-Professional Studies Focus**  
**to ODU B.S. in Exercise Science**  
**120 Semester Credit Hours**  
**Effective Fall 2016 – Summer 2019**

This document is an unofficial, informational guide. Courses in parenthesis are recommendations – other courses may be available.

You may review Ohio Dominican's **COURSE CATALOG** for transfer policies and degree requirements.

Please note this document may change via final academic departmental approval.

**North Central State College Associate of Science 65 Semester Hours**

**First Semester**

- ☐ **PSYC 1010 or SOCY 1010**
- ☐ **ENGL 1010** English Composition I
- ☐ **COMM 1010** Speech
- ☐ **BIOL 1230** General Biology I with Lab
- ☐ **CISS 1020** Intro to Computers

**Second Semester**

- ☐ **ENGL 1030** English Composition II
- ☐ **ECON 1510, or 2510**
- ☐ **MATH 1110** College Algebra
- ☐ **BIOL 1231** General Biology II with Lab
- ☐ **COMM 2070** Intercultural Communication

**Third Semester**

- ☐ **CHEM 1210** Chemistry I with Lab
- ☐ **HIST or ENGL or PHIL** (select from list)
- ☐ **PHYS 1110** General Physics I with Lab
- ☐ **MATH 1130** Trigonometry

**Fourth Semester**

- ☐ **CHEM 1220** Chemistry II with Lab
- ☐ **HIST or ENGL or PHIL** (select from list)
- ☐ **PHYS 1130** General Physics II with Lab
- ☐ **ASCI 2900** Associate of Science Capstone
- ☐ **MUSC 1010 or ARTS 1030 or THEA 1010**

**Ohio Dominican University Bachelor of Science Completion**

**Fifth Semester**

- ☐ **PHL** (100 Level if not completed at NCS)
- ☐ **CORE 379:** What is Justice?
- ☐ **BIO 203** General Biology Anatomy & Physiology
- ☐ **MTH 140** Introduction to Statistics or MTH 240 Cal I
- ☐ **EXSC 125** Intro to Exercise, Health & Nutrition

**Sixth Semester**

- ☐ **BIO 342** Human Physiology
- ☐ **EXSC Course** (select from catalog list)
- ☐ **ENG** (English Literature Course if not completed at NCS)
- ☐ **THL** (100 Level)
- ☐ **EXSC 370** Biomechanics

**Seventh Semester**

- ☐ **BIO 341** Human Anatomy
- ☐ **PHL** (200 Level)
- ☐ **BIO 252 or EXSC Course** (select from catalog list)
- ☐ **EXSC 480** Exercise Testing and Prescription
- ☐ **SPM Course** (select from SPM 110, 140, 240, 310)

**Eighth Semester**

- ☐ **SCI 479 CORE:** Research in the Sciences
- ☐ **EXSC 354** Exercise Physiology
- ☐ **HST** (History Course if not completed at NCS)
- ☐ **THL** (200 Level)

**Notes:** Review ODU course catalog for electives and required courses. Students are highly encouraged to meet with an ODU Advisor during the 4<sup>th</sup> Semester.