

Ohio Dominican University Completion Guide
CSCC Associate of Science to ODU Bachelor of Science – Exercise Science
120 Semester Credit Hours
 Effective Fall 2016 – Summer 2019

This document is an unofficial, informational guide. Courses in parenthesis are recommendations – other courses may be available.
 You may review Ohio Dominican's **COURSE CATALOG** for transfer policies and degree requirements.
 Please note this document may change via final academic departmental approval.

Columbus State Community College Associate of Science Degree Requirements

First Semester

- ENGL 1100 Composition I
- MATH 1148 College Algebra
- PSY 1100 Intro to Psychology
- COLS 1100 First Year Exp. Seminar
- HART 1201 or MUS 1251 or THEA 1100

Second Semester

- STAT 1350 Elementary Statistics
- BIO 1113 Biological Sciences I
- CHEM 1171 General Chemistry I
- SOC 1101 Intro to Sociology
- ASC 1190 Critical Thinking in the Arts & Sciences

Third Semester

- ENGL 2367 Composition II
- BIO 1114 Biological Sciences II
- CHEM 1172 General Chemistry II
- SES 2440 Exercise Physiology

Fourth Semester

- BIO 2232 Human Physiology
- Historical Study
- BIO 2300 Human Anatomy
- SES 2441 Kinesiology
- Literature Course

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Fifth Semester

- LNG 242 Cross Cultural Communication
- BIO 341 Human Anatomy
- EXSC 125 Intro to Exercise, Health, & Nutrition
- CORE 379 What is Justice?
- THL (100 Level)

Sixth Semester

- EXSC 354 Exercise Physiology
- BIO 342 Human Physiology
- PHL (100 Level)
- PEH/PSY/PHY Elective (select one course from list)

Seventh Semester

- EXSC 480 Exercise Testing and Prescription
- SCI 479 CORE Research in the Sciences
- PEH/PSY/PHY Elective (Select one course from list)
- THL (200 Level)

Eighth Semester

- EXSC Elective (Select one course from list)
- EXSC Elective (Select one course from list)
- PHL (200 Level)
- SPM (select one course from list)

Select one SPM course from the list:

- SPM 110 Sport Management
- SPM 140 Sport Psychology
- SPM 310 Sport Event and Facility Management

Select three courses from the list (9 credits):

- PEH 100 Activities (maximum 4 semester credits)
- PEH 122 First Aid
- PEH 241 The Prevention and Care of Athletic Injuries
- PSY 100 Intro to Psychology
- PSY 224 Human Development: Lifespan
- PHY 119 College Physics I or PHY 120 College Physics II
- PHY 219 General Physics I or PHY 220 General Physics II

Select three courses from the list (9 credits):

- BIO 252 Human Nutrition
- EXSC 210 Electrocardiography Analysis
- EXSC 214 Intro to Pharmacology
- EXSC 218 Motor Learning
- EXSC 240 Intro to Kinesiology
- EXSC 262 Intro to Pathophysiology
- EXSC 355 Personal Training
- EXSC 370 Biomechanics
- EXSC 497 Internship in Exercise Science

This plan shows PSY 100 and SES 2441 being completed at CSCC which should fulfill some elective requirements at ODU.

Notes:

